

Wonderful words

Freedom: not being in prison or in slavery, being able to do what you want

Torah: the Jewish holy book made up of the five books of Law

Yom Kippur: the Day of Atonement

Orthodox: a group of Jewish people who follow the Torah without changing it as it is given by God

Pesach: called Passover in English, a time when Jewish people remember their escape from slavery in Egypt

Shabbat: a day of rest for Jewish people, the seventh day of the week

Rosh Hashanah: literally means 'Head of the Year' and marks a new year in Judaism

Shema: a Jewish prayer

Progressive: a group of Jewish people who take the Torah very seriously but will adapt the teachings for the present day

Forgiveness: when someone is stopped being blamed or punished for something they have done

So how does it all work?



Rosh Hashanah

Shabbat

Festivals and Family Life

Yom Kippur

Pesach



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Important information

Jewish people will rest on **Shabbat**, the seventh day of the week because in the **Torah** they are told that as God rested on the seventh day of Creation, they should also do this.

The Torah contains the Ten Commandments, and the fourth commandment is to rest on Shabbat. In the UK today there are different groups of Jewish people, **Orthodox** Jewish people follow the Torah without changing and **Progressive** Jewish people will follow the Torah but adapt it to the present day.

Jewish people have many festivals to help them remember key events in Jewish history. **Rosh Hashanah** may be celebrated differently depending on where the family have come from, but for all Jewish people it is a celebration of the Jewish New Year.

Ten days after Rosh Hashanah is **Yom Kippur**, this is when Jewish people set aside a day to ask for **forgiveness**. Many Jewish people will fast on Yom Kippur which focuses on the meaning of the day. At the end of Yom Kippur, the final prayer will end with the **Shema** an important saying for Jewish people.

One of the most famous stories in the Torah is of Moses when he led the Jewish people to **freedom** from slavery in Egypt. This is the festival of **Pesach** which is remembered by a special meal.