



Curriculum Newsletter



RJB -

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Food Glorious Food!

Spring 2 2026

RM -

Mrs Mercer -

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Personal, Social and Emotional Development

This half term, as part of the Jigsaw curriculum we will be learning all about how to be healthy and safe. The children will talk about healthy food choices and how exercise and sleep affect their bodies and mental health.

Our Topic:

We will learn about how food is prepared and where it comes from. The children will learn to prepare their own food, including making sandwiches and baking. If any family members work with food or enjoy baking and would like to join in, please get in touch!

Communication and Language

Lots of new songs and poems to learn about food! We will retell stories the children know well, including The Little Red Hen and Goldilocks. The children will listen to and give instructions.

Physical Development

In PE, we will develop throwing and catching skills! We will work on aiming at a target, working with a partner and also get some kicking practice in too! In class we will focus on correct letter formation and sitting letters on the line in handwriting. We will also continue to practise using cutlery correctly.

Books we will be reading

This topic will allow us to explore stories about food as well as Traditional tales linked to food and farms...these will include; The Tiger who came to Tea by Judith Kerr, Goldilocks and the Three Bears, The Little Red Hen, The Giant Jam Sandwich by John Vernon Lord and The Bunny who came to Breakfast by Rachael Davis.

Literacy

The sounds we will be focusing on are:

- **j, v, w, x, y, z/zz, qu**
- **ch,sh,th,ng,ai,ee**

We will revise the words below and learn to spell them in sentences:

- **he, she, we, me, be, was, my, you, her, they, all, are**

Understanding the World

We will compare food in different countries and from the past. We will identify plants that we can eat - is it the root, shoot, flower or leaves that we eat?

We will talk about communities and foods related to special celebrations.

Expressive Arts and Design

We will use the work of Andy Goldsworthy as inspiration for natural art.
We will make our own paint using food items - beetroot makes a great dye!
In music, we will listen to and follow rhythms playing instruments and using body percussion.

Mathematics

We will explore mass and capacity and then move onto learning about 3D shapes and patterns.
The children will show numbers up to 10 in different ways and be able to group 5 and then how many more.

[Key Instant Recall Facts](#)

This is a list of the number facts we teach each year at Catshill First School.

PE Kits

Please return all PE kits to school Monday 23rd February.

All children need a PE kit in school;

-a white t-shirt

-black shorts

All kit needs to be clearly named in a bag which is also clearly named.

PE days; RM - Monday and RJB - Tuesday

Forest School

RJB- Wednesday PM

RM - Thursday PM

On Forest School days children need to come into school in appropriate clothing e.g. tracksuit bottoms and jumpers.

Arms and legs should always be covered.

Your child will need waterproofs and wellies in a named bag and spare clothes in case we get super wet and muddy!

RE

We will talk about the meaning of Easter for Christians and how it is celebrated in church and at home.



Additional Information

We are low on spare clothes, especially trousers. If you have any spare trousers or joggers in ages 3-7 that you could let us keep in school please let your child's teacher know.

All uniform, coats, bags and water bottles need to be clearly named please.
This includes 'own' clothes worn on Forest School and non-uniform days.

READING - please read together at least 3 times a week and write in your child's diary. We change books weekly, please ensure they are always in school.