

PSHE at Catshill First School and Nursery	Why is this subject important?	How is PSHE organised?
<i>PSHE stands for personal, social, health and economic. RSHE means Relationships, Sex & Health education. PSHE education is a school curriculum subject in England that helps children and young people stay healthy, safe and prepared for life – and work – in modern Britain. The PSHE education also helps pupils to achieve their academic potential.</i>	<i>To teach children that they are all special and recognise self worth</i> <i>To understand that children have choices</i> <i>Learn to identify feelings and regulate emotions</i> <i>Identify what bullying is and isn't</i> <i>Learn to resolve conflict and problem-solve a bullying situation</i> <i>Have a positive attitude and learn what resilience is.</i> <i>Encourage children to have high aspirations for the future.</i> <i>Recognise how being healthy can help them be happy.</i> <i>Learn to respect their own bodies</i> <i>Learn to stay safe</i> <i>Understand and accept that change is a natural part of getting older</i> <i>Learn how to stay safe online</i>	<i>Jigsaw, the mindful approach to PSHE, is a progressive and spiral scheme of learning. Jigsaw PSHE ensures that learning from previous years is revisited and extended, adding new concepts, knowledge and skills, year on year as appropriate.</i> <i>Jigsaw 3-11 offers a comprehensive programme for Primary PSHE, including statutory Relationships and Health Education, in a spiral, progressive and fully planned scheme of work, giving children relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others. There are six Puzzles (units of work) which explicitly link to the DfE statutory Relationships and Health Education outcomes. To complement this programme, in years 7 and 8 we move to the Jigsaw KS3 programme. This programme covers all key areas of personal development, statutory relationships and sex education, and health education, alongside additional themes relevant to teenage life today.</i>
How are other subjects linked?	How is the curriculum adapted?	How is progress measured?
● <i>Anti Bullying Week</i> ● Literacy - reading opportunities from a range of diverse, topic related stories ● Emotional Literacy (self-awareness, social skills, empathy, motivation and managing feelings) ● RE - Knowing what culture means and celebrating people's differences and beliefs ● Science - learning about human anatomy and how to keep our bodies healthy ● British Values of Democracy, Rule of Law, Individual Liberty, Mutual Respect and Tolerance of those of different faiths and beliefs. ● Spiritual, moral, social and cultural (SMSC) development ● Music - learning songs and lyrics	● <i>Jigsaw Charter allows everyone the chance to speak or pass</i> ● <i>Support within lessons where necessary</i> ● <i>Use of Jigsaw resources - slides, whole school assembly plans, songs.</i> ● <i>Use of pictorial resources</i> ● <i>Adapted resources within each lesson to allow all pupils to understand their learning outcomes</i> ● <i>A range of activities to suit all learning styles</i>	● <i>Digital floorbooks show the knowledge and skills progression through each Jigsaw piece (unit) from EYFS to Y4 (CFSN)</i> ● <i>Individual exercise books are used at CMS (Years 5-8)</i> ● <i>Floor book monitoring</i> ● <i>Self assessment after each lesson</i> ● <i>Pupil Voice (administered by PSHE leads)</i> ● <i>End of module assessments (KS3)</i>