



🌸 Value for September 🌸

Positive Attitude

Definition - A positive attitude is the mindset of approaching challenges, circumstances, and interactions with optimism and constructive thinking. It involves focusing on the brighter side of situations, believing in one's capabilities, and expecting favourable outcomes. This perspective encourages resilience, adaptability, and a proactive approach to life's adversities.

Examples - Embracing Failure: Viewing mistakes as learning opportunities rather than setbacks, fostering growth and development.

Gratitude Journaling: Regularly noting down things one is thankful for, emphasising life's blessings over its challenges.

🗺️ Geography 🗺️

Year 2 children had great fun exploring the South, East, North and West Winds for geography. How our weather changes according to where the wind direction is from. Each child was either a cold or hot wind and moved according to what direction the wind came from.



We got creative in Early Bird and the children completed the 'finish the picture challenge'. We had giraffes, aliens, snowy mountains, scooter ramps and more!

In Geography, we were thinking about how the weather changes and what the wind feels like from the North, South, East and West.

In PSHE, we have been learning to 'think positive'. We used a positive mindset, encouragement and resilience to see how far we could get the Malteser to balance across the tape measure. We got to 1m 80cm!





At playtime, we ask that children have a healthy snack and remind you that we are a nut free school. Please swap crisps and chocolate for healthy snacks at playtime. Some ideas would be carrot sticks, fruit/cheese strings, yoghurt tubes, boxes of raisins or maybe breadsticks. All KS1 children are given a free piece of fruit each day.

Some children's lunchboxes are filled with many unhealthy choices. Talk to your children about what they might like to eat at lunchtime to avoid the chocolate and crisps options every day. For example, wraps, rice cakes with cheese or ham, sandwiches, cucumber and pepper strips, yoghurt or maybe jelly pots with fruit in.

These foods, along with plenty of water, will help your child to stay alert and focused during the afternoon. The NHS Change 4 Life website has some great ideas for healthy snacks and lunchbox ideas and can be found at

<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>



School Photographs

Please visit www.tempest-orders.co.uk and enter the personal access code, shown below the photo, on the notification sent home with your child, to enable you to purchase photographs of your child/children.

If you have any problems, please call Tempest Photography on 01736 751555.

Thanks



School Council

The winners of our Mythical Creatures Raffle will be announced in next weeks newsletter.

We will also be starting our book sales, (weather dependent), 2 books for 50p, so please look out for us by the classroom door.

Thank you for your continued support.

Join the Blue Peter Book Club

Welcome to the Blue Peter Book Club, where awesome stories and fun await you! We want everyone to get involved – so dive in, start reading and let's explore the world of books together!  

<https://www.bbc.co.uk/cbbc/joinin/blue-peter-book-club>



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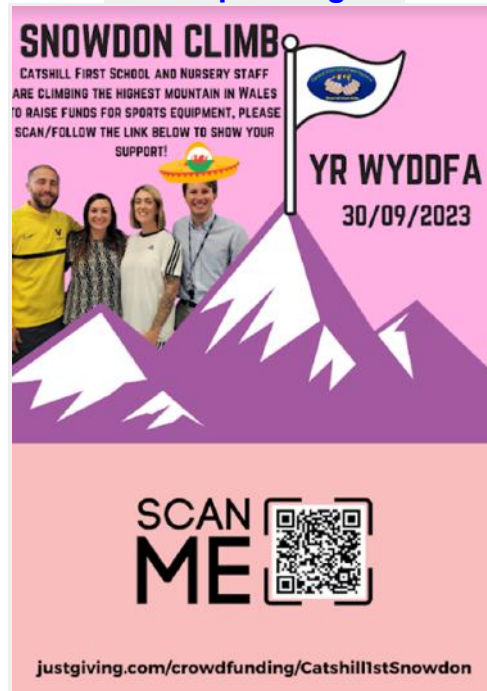
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Yr Wyddfa (Mount Snowdon)

A team of Catshill First School staff are planning to climb the highest mountain in England and Wales, Yr Wyddfa (Mount Snowdon) on 30th September. They are hoping to use their climb to raise some money for school sports equipment. If you would like to donate please go to



Here is the link if you would like to donate.

<https://www.justgiving.com/crowdfunding/Catshill1stSnowdon>

Mr Adams (Sports Coach), Mrs Warren (Year 1 Teaching Assistant), Mrs Wilkes (Year 1 Teaching Assistant) and Mr Boyd (Year 3 Teacher).

Harvest Festival

Our annual Harvest Festival Assembly will be on Monday 16th October. Children are asked to bring in items to be donated to Catshill Baptist Church Food Bank.

Items that you might consider bringing in are:-

Packets & Jars - Tea bags, coffee, hot chocolate, long life milk, long life fruit juice, cereals, rice, pasta, savoury rice, noodles, pasta sauce, custard, jam, biscuits.

Tinned Food - Fish, meat, potatoes, vegetables, tomatoes, soup, baked beans, spaghetti, fruit, rice pudding, sponge pudding.

Toiletries - Toilet rolls, soap, toothpaste, washing-up liquid, nappies, ladies sanitary items.

Thank you



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📌 Important Dates for your Diaries 📌

Thursday 5th October 9.00am to 9.30am OR 3.00pm to 3.30pm Nursery Share, Learn & Play

Wednesday 11th to Friday 13th October - Blackwell Residential Visit

Thursday 12th October 9.05am - 3S Parents Assembly

Monday 16th October - Harvest Festival Assembly

Tuesday 17th October 9.00am to 9.30am - Reception Coffee Morning (focus on phonics)

Tuesday 17th October 3.30pm to 6.00pm - Parents Evening

Thursday 19th October 9.05am - 3B Parents Assembly

Thursday 19th October 5.00pm to 7.00pm - Parents Evening

Friday 20th October - Year 4 Bikeability

Wednesday 25th October - Reception Vision Tests

Thursday 26th October - Sports, Hobbies and Interests Day

Thursday 16th November - Nasal Flu Vaccinations

Tuesday 21st November 9.00am to 9.30pm - Reception Coffee Morning (focus on maths)

More details to follow shortly

📌 Starting Well 📌

Starting Well support families, parents, children and young people across Worcestershire to lead happy, healthy and fulfilled lives.

Please click on the below link if you would like further information.

[Support for Parents and Families](#)

Thank you

At Catshill First School we celebrate diversity, by exploring and studying different faiths, cultures and beliefs.

All are welcome at Catshill First School and Nursery.



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📌 The Spire Trust 📌

Considering a career in teaching?

The Spire Trust still have places, so if you are interested, please click [here](#) for further information.

Thank you

🌲 Forest Fun 🌲

3S enjoyed making scarecrows at Forest Fun this week, we think they look fab!



🐶 Dogs on the Playground 🐶

Just a polite reminder to parents and carers that dogs are NOT allowed on the school playground or premises, unless they are support dogs. We are aware that many children can be frightened of dogs, especially when they are barking, or acting aggressively.

Thank you



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Ordering of School Dinners

We need to remind parents and carers about the procedure for ordering school meals for your child.

Dinners must be ordered for the whole week on a Monday morning. This is vital as it allows Shire Services to order enough food for all the children. We have had a number of children recently coming to the office in the middle of the week with their dinner money.

Money must be placed in a sealed envelope with your child's name and class written on the front, along with the days on which dinner is required.

The cost is £2.40 per day, we do not deal with the money in school, we simply pass it on to Shire Services. Therefore, if you do not provide the correct amount for payment, you will need to wait for change to come back from them.

Thank you for your co-operation

Reminders

- ★ **Bikeability Year 4** - Is now full and you will be notified shortly if your child has a place on this course.
- ★ **Vision Screening for Reception** - An Orthoptist will be visiting our Reception children on Wednesday 25th October. A form has been sent out for you to return, but only if you do not want your child to have a vision screening test.
- ★ **After School Clubs** - Please note that Team Games and Football Skills will now end at 4.15pm and not 4.30pm.
- ★ **Contact Details** - Just a polite reminder that if you have changed address, phone number, email address, or emergency contact details over the summer break, can you please pop round to see one of our admin staff in the office, or Epraise admin with the correct information, so that we can update your details.
- ★ **Medication** - If your child is on medication, continuous from last year (ie inhaler or care plan), can you please pop round to the office to complete the up to date form.

Thank you for your continued co-operation

Car Park - Important Notice

The car park at Catshill First School and Nursery is for use by school staff only. The only exception to this rule is when access is required to the disabled parking space.

Children must NOT be on the school car park at ANY time.

All Access to the school premises must be via the pedestrian footpath and NOT through the car park.

Please note the signage on the gate requesting that it is kept closed at all times. This is for the children's safety.



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📌 Things to Remember 📌

Autumn 1 2023	Monday	Tuesday	Wednesday	Thursday	Friday
Nursery	PE	PE	Forest Fun		
RM	PE		Forest Fun		
RB	PE				Forest Fun
Year 1	PE (1E) Forest Fun (1R)			PE	
Year 2		PE (2F) Forest Fun (2FJ)	PE Team Games		
Year 3			PE	Forest Fun (3S) Ukulele (3B) Football Skills Boys Football Skills Girls	PE
Year 4		Swimming		PE Football Skills Boys Football Skills Girls	Cornet Continued

*Please note that there may be some flexibility.

📌 Things to remember 📌

- ★ W/C 2nd October 2023 is week 2 for our dinner menu.

[Our School Day](#)

- ★ Please send all dinner money to school on a Monday.
- ★ To report an absence, please state child's name, class and reason for illness.

Phone - 01527 872913 - option 2 (from 8.15am)

Leave a voicemail - 01527 872913 - option 1

Text - 07786 132612

Epraise - Admin

Email - office@catshillfirst.worcs.sch.uk

📌 Term dates 📌

- ★ *Here and on time at five to nine.*
- ★ *School collection times*
Reception 3.20pm
KS1 (year 1 and 2) 3.20pm
KS2 (year 3 and 4) 3.25pm
- ★ *This term ends on Thursday 26th October.*
- ★ *Please find 2023/2024 term dates [here](#)*
- ★ *Please do not book holidays in term time.*
- ★ *Autumn 2 term starts Monday 6th November 2023.*



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