



# CATSHILL FIRST SCHOOL AND NURSERY



Gibb Lane, Catshill, Bromsgrove, Worcestershire. B61 0JP

Telephone: 01527 872913 Fax: 01527 570873 Email: office@catshillfirst.worcs.sch.uk

Mrs Georgia Plant – Head of School Mr Paul Essenhigh – Executive Headteacher

Date of issue: Monday 7<sup>th</sup> October 2019

To parents/carers of Year 4 children

## Level 1 Bikeability Course – Friday 25<sup>th</sup> October

I am pleased to let you know that we are offering the above course to our Year 4 children. We are delighted to offer this free of charge using our sports premium funding. This letter gives you details of the course and if you wish your child to take part, I would ask you to complete, sign and return the attached slip by **Friday, 18<sup>th</sup> October**.

Children with their own bikes can take part and we may be able to loan a small number of bikes and/or helmets, subject to availability.

To take part, your child should be able to ride, balance and control their bike without additional support, e.g. stabilisers. You also need to ensure that your child’s bike is suitable and safe. We will provide you with bicycle checklist to help you, if you sign your child up for the course.

The training will take place on the school playground and is run by external instructors. We will send out further information to all those who sign up. Please speak to Mrs Plant if you have any individual concerns

Once your child has completed the level of their Bikeability, they will receive a luminous badge, booklet and certificate.

Bikeability is not just about teaching children to ride a bike and equipping them with the necessary skills and knowledge needed to ride a bike safely throughout the rest of their life. It’s also about introducing them to cycling as an everyday activity – an alternative mode of transport, an enjoyable pastime, which brings a healthier lifestyle and ultimately lots of fun. Bikeability will give your child a life skill that once they’ve learnt, they will never forget.

For further information about Bikeability, you can visit the Bikeability website for more detailed information about Bikeability training ([www.bikeability.org.uk](http://www.bikeability.org.uk)) / [www.worcestershire.gov.uk/bikeability](http://www.worcestershire.gov.uk/bikeability). Further information will be sent out if your child signs up for the course.

Yours sincerely

**Mrs Georgia Plant**

**Head of School**

---

## Catshill First School and Nursery - Bikeability Level 1

Child’s Name ..... Class .....

My child would like/would not like (delete as appropriate) to take part in the Bikeability Level 1 course.

My child: \_\_\_\_\_ (Please circle)

Can cycle and will bring their own bike	Yes	No
Can cycle and would like to borrow a bike (if available*)	Yes	No

Will bring own helmet	Yes	No
Would like to borrow a helmet (if available*)	Yes	No

\*We may be able to loan a small number of cycles and/or helmets, subject to availability.

Signed ..... Print.....